



**Freedom 90 commits to raising its voice to demand an end to poverty and an end to the need for food banks and emergency meal programs in Ontario.**

[Click here to Join Us](#)

« January 2, 2013

[List of Newsletters](#)

February 1, 2013 »

## Freedom 90 Newsletter January 18, 2013

[www.freedom90.ca](http://www.freedom90.ca)  
[info@freedom90.ca](mailto:info@freedom90.ca)

January 18, 2013

The Hamilton Spectator

### **Tim Hudak calls for smaller welfare cheques for some recipients**

People who treat welfare like a paycheque had better start looking for a job, says Progressive Conservative Leader Tim Hudak.



Able-bodied people who have been on welfare for a "long time" should see their benefits "steadily decline", Hudak proposed Thursday in a new policy paper on social assistance reform.

[Read the full article at The Spec's website](#)

January 16, 2013

Toronto Star

### **Vancouver-based meal token program coming to Toronto**

A controversial meal token program aimed at transforming one of Vancouver's poorest neighbourhoods will land in Toronto this spring courtesy of a local, socially-minded celebrity chef.



[Read the full article at The Star's website](#)

December 18, 2012

Guelph Mercury - Frank Valeriote, MP (Guelph)

### **Politicians have to act now on the state of poverty in Canada**

With the holiday season upon us, and as we prepare to gather with our family to celebrate, it is important to call to mind that not everyone in our city, or in our country, is as fortunate as we are. And sadly, despite the opportunities at our disposal, we still all too commonly ignore them.

[Read the full article at the Guelph Mercury](#)

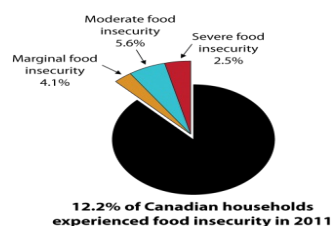
December 3, 2012

PROOF - Research to identify policy options to reduce food insecurity

### **Food Insecurity - How big is the problem?**

Although food bank statistics are commonly cited as an indicator of the prevalence of food insecurity in Canada, this seriously underestimates the problem. Research indicates that less than one-quarter of food-insecure households make use of food banks.

[Read the full article at the PROOF website](#)



**Freedom 90 needs help with printing, mailing and all the other costs associated with carrying on a province-wide effort. You can make a donation by clicking on the Canada Helps logo.**



« January 2, 2013

[List of Newsletters](#)

February 1, 2013 »

Freedom 90  
c/o York Region Food Network  
350 Industrial Parkway South  
Aurora ON L4G 3V7

**[Join us!](#)**